Girls Leadership Institute Raising Resilient Girls Charles DeWolf Middle School January 27, 2015 7:00 pm

Raising Resilient Girls

The old Tappan PTO is delighted to host an evening presentation with Simone Marean, Executive Director and Co-Founder of the internationally recognized Girls Leadership Institute (GLI). Simone will share with parents and teachers how to help girls practice assertive, self-expression, emotional intelligence, and healthy relationships, preparing them for a life of personal and societal leadership. Her engaging presentation will cover the development of girl dynamics beginning in preschool through high school.

Participants will learn...

- How and why girls of all ages are aggressive with one another
- > The importance of emotional intelligence for healthy conflict
- > The role of mistakes and the limitations of blame
- The concept of contribution
- > A road for healthy conflict
- The Good Girl phenomenon: How the pressures of femininity and the socialization of girls to avoid conflict curtails their assertiveness and their availability to have authentic relationships
- > The importance of a plan for healthy communication and conflict at school and at home

When:

Tuesday, January 27, 2015 at 7:00pm One hour talk followed by 30 minute Q&A

Where:

Lynch Gym, Charles DeWolf Middle School 275 Old Tappan Road Old Tappan, NJ

RSVP:

To RSVP for the event, please email Cathleen Cronin, <u>Cathleen@girlsleadership.org</u> with Old Tappan RRG as the subject line

About Simone Marean

Simone Marean is a passionate and dynamic educator of girls, parents and teachers. As the co-founder of Girls Leadership Institute, she has taught GLI programs both at home and abroad, including the Oprah Winfrey Leadership Academy for Girls in South Africa.

Important Note: Although Simone's focus is on girls' research, many of the principles and concepts are relevant to the social emotional development of both boys and girls.